

Performance artist and poet Sophie Erlandsson are born 1977 in Växjö, Sweden and has a background in theater and a BFA from Valand Academy, Gothenburg. She is currently a master student at Konstfacks MFAprogram and working on her graduation piece.

“My texts and poetry are the foundation in my body of work, which later on materializes into a live performance, video or remains on the page. In my practice I am searching for meaning and context in a time of abundance, linguistically scanning the boundaries of sincerity and parody. I work with how I perceive the spoken language; transforming everyday speech into everyday poetry, constructing it in the interplay between self and societal structures.

The politics of emotions are universal; we all feel. But often these feelings are left behind in a demanding noise of the image of us having to be successful, and perfect. With my work create a metaphorical archaeological site; I dig up what is buried, trying to reveal and share the poignant feelings that we often leave behind. I choreograph the absurdity and humor of life through words and with the body. I believe that choreography forms into different shapes and sizes; and how this is one thing we all have in common; a choice to make every day: to move, or not to move, that is the question.

How you shift motion, emotion, makes the language change in time. Together with being ‘here and now’ in the live performances, I try to create a moment in time that never comes back, a present tense we share, that disappears and only remains as a memory.



At the Golden Globes 2016



Photo documentation
of performance
installation

Why photoshop
when you can do it
yourself?

Photoshop i realtid (2011)



Photo documentation
of live performance,
full version 15 min.

Standing in a
fountain
making my
own mineral spring
with 20 bottles of
mineral water.

*Överfull (2011), IKRA festival, Haparanda,
Sweden*



Photodocumentation
of live performance,
full version 30 min

Bought a fish
at Fiskekörka
in Gothenburg and
walked along the
river to finally stop
and throw it back.

Artbeat (2012)



Photodocumentation
of live performance,
full version 15 min.

Climbed into a dress
hung on the wall
and read poetry
only written on
Mondays, while also
putting my face
in a Princess Cake.

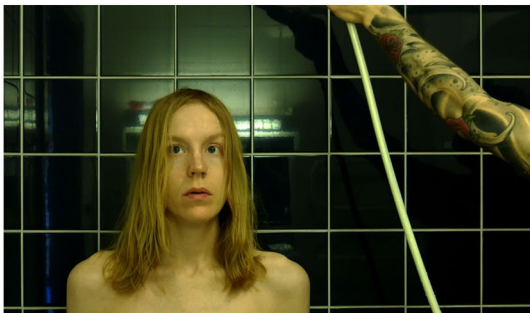
Alla måndagar (2012), Procrastination/treatment:
BA2 groupexhibition, Rotor2, Gothenburg, Sweden



Photo documentation
of video, full version
4 min 20 sec

Transcription of words
said in a Swedish news
morningshow into poetry
and movement.
Investigating how speech,
in the form of news,
can be transcribed into
poetry.

Fågelord (2013), Spring exhibition, Valand Academy,
Gothenburg 2013
<https://vimeo.com/62800258>



Print screen of video

Not being able to cry
after a loss,
and letting the water
do the work
for me.

Ögonblocket (2013), Bild bild group exhibition,
Valand Academy, Gothenburg 2013



Photo documentation
of live performance,
full version 15 min

An extension of the video
Tala, minne. The performance
took place in the same space
where the video later was
screened. I used parts from
my collection of poetry, both
rehearsed and improvised,
while also throwing/
drinking champagne in
different ways.

I brist på humor (2014), Bachelor fine art exam
exhibition, Valand Academy, Gothenburg 2014



Photo documentation
of video, full version
29 min

I wanted to continue work
with my collection of poems
in re-using the words in
other media. Transform
the poetry into everyday
speech.

Recorded trying to
remember as much as I
could from the book.

Tala Minne (2014), Bachelor fine art exam
exhibition, Valand Academy, Gothenburg 2014
<https://vimeo.com/119110937>



Print screen of
video documentation
of live performance,
full version 15 min

Taken myself hostage
but with free arms.
Later on removing the
duct tape and eating
eggs, that were hidden in
my bra, and being angry
over grief and
neoliberalism.

Konstmästerskapen (2015)



Print screen of video,
work in progress

Using the elements of
performacne art such
as stillness and
repetition in this video.
One movement
every 5 minuntes for
an hour.

Klimatförändring (2015)



Print screen of
video, full
version 2 min

A day by the arctic
ocean, standing
in -11 degrees
celcius with
ships and birds
and cold feet.

En dag vid havet (2016)



I clean windows
to look out
at the grey
just now; wild magpies
in tight formation,
or was it words



140cm x 100cm

A triptyk of posters called
Ett flickrum (2014 -)

If I was your boyfriend,
I'd never let you go
I can take you places
you ain't never been before



100cm x 70 cm

Oh, I can't help it,
I'm just selfish
There's no way
that I could share you



100cm x 70 cm

As long as you love me



Print screen of
video documentation
of live performance,
full version 15 min

Tallarna ser ut som gräs härifrån (2016), 13 Festivalen,
Konstepidemin, Gothenburg 2016



Reading poetry about
cleaning windows,
Donald Trupms
hairdo, floating fishes,
vaste and swans, while
putting my head in a
bucket of water. for as
long as I could;
a way to coreograph time.

Tallarna ser ut som gräs härifrån (2016), 13 Festivalen,
Konstepidemin, Gothenburg 2016

Selected works 2011-2016

Sophie Erlandsson



Det längsta året som pekar (2016) Platform, Stockholm

Photo documentation of live performance, full version 15 min.



A paraphrase on a previous work. This is my excavation; through the archives, there is a way in to another life.

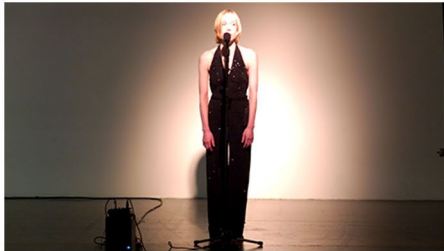
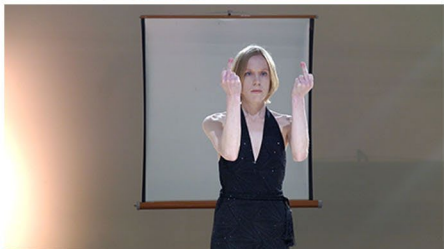


Photo documentation of live performance, full version 20 min.



Implementing the idea of me being a Valentino runwaymodel when I am actually sitting depressed at home in my sweatpants.

Över det tysta (2016) DOCH and Konstfack, Stockholm

Selected works 2011-2016



Kalhygge mellan hjärtslag (2016) PALSfestival, Stockholm

Photo documentation of live performance, full version 15 min.



Sophie Erlandsson



Like a cargo ship (2017)
Museu de Arqueologia e
Etnologia da UFBA, Salvador,
Bahia, Brazil

"This is my excavation;
everything that happens
from now on; paralyzed rain.
the only thing heard
are the continental plates
shifting, the calm
before the unshaped tornado"

"Recalculate; there is nothing
poetic around red wine."

Photo documentation of live performance, full version 20 min.